Principles of Mediation

Mediation is fast becoming a commonly accepted alternative form of dispute resolution. For most of us, we have probably heard of mediation as a tool for separating and divorcing couples to settle disputes before going to court or a process used in formal and informal industrial and workplace disputes, but there are elements of mediation that are significant to relationships in all areas of life and fundamental principles that many people could benefit from when facing conflict in their everyday lives.

According to the Federal Court of Australia (2010), "Mediation is a structured negotiation process in which an independent person, known as a mediator, assists the parties to identify and assess options and negotiate an agreement to resolve their dispute…" Mediation is not just an ad hoc meeting but a specific dispute resolution method particularly effective in conflicts where boundaries are at risk or when a successful outcome is under threat (Doherty & Guyler, 2008).

Mediation is commonly used by parties who seek an amicable outcome. In order for mediation to be effective, both parties must be willing to search for a solution, be committed to the success of the process as a whole, and both parties must be open to explore their ideal future scenario in light of each other's needs and experiences to build a mutually acceptable agreement (Doherty & Guyler, 2008).

Whilst mediation may not be an appropriate method for all conflicts, the fundamental principles of mediation can assist individuals to approach conflict in a very different light. Mediation is voluntary, confidential, and most importantly, it is solution or agreement focused. This means that quite often the dialogue can take a positive future oriented perspective as participants focus on what can be achieved rather than the problems that first led them to seek help.

Maintaining a solution focus helps people to identify what they want to have changed about the source of the conflict and also identify the things that they want to continue to have happen. In this way, participants are respected and empowered to offer solutions to their own problems and are encouraged to explore their own strengths whilst conflict is seen as a natural resource.

Whilst mediation should always be facilitated by a skilled and impartial third party, and not every conflict will be appropriate to apply mediation, the underlying principles of mediation can be an excellent resource in addressing conflict in everyday life. A willingness to work together and maintaining a solution focus can often lead to a successful outcome

Adapted: "*Aust. Institute of Professional Counsellors"*

Prepared by:

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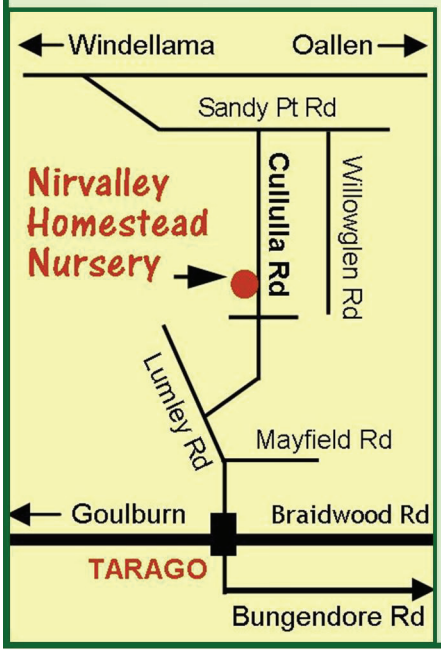

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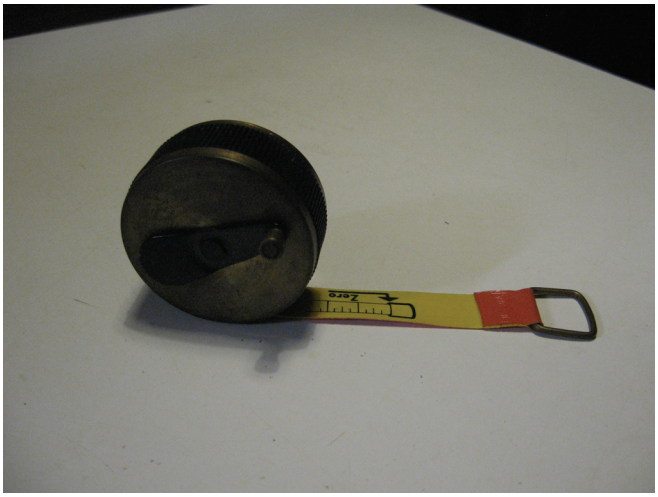
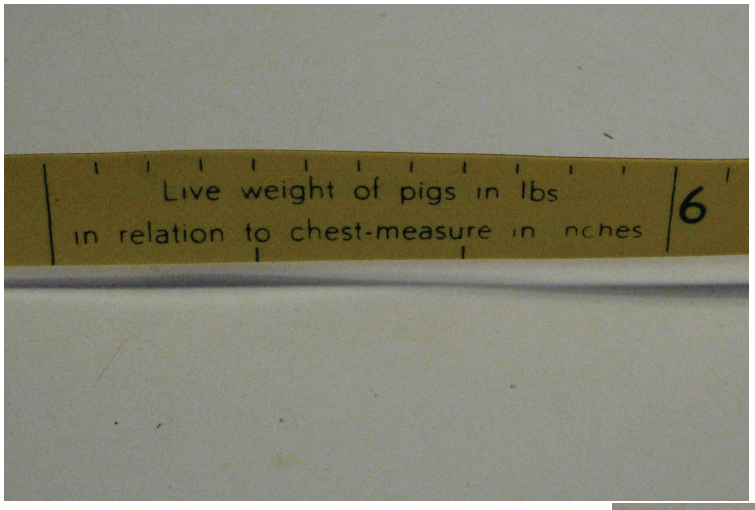
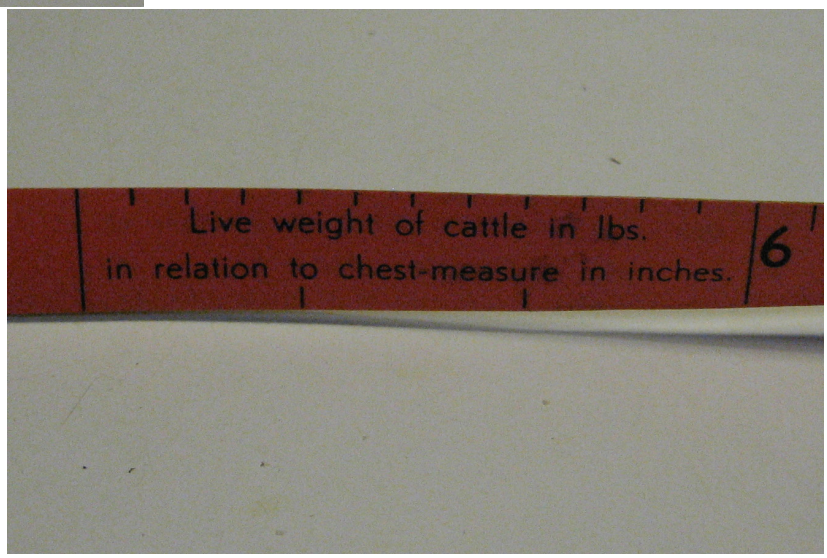


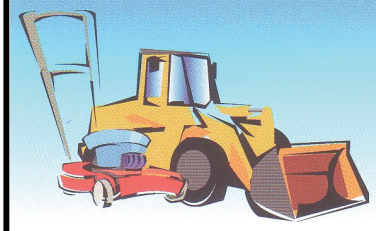
Another item which I have, which most likely belonged to my Gt. Grandfather John Croker of 'Pleasant Hill', is pictured below. It has a brand name 'We—Bo' written in a small etched bow and looks like a normal tape measure.

It is used to assess the live weight in pounds of a pig on one side and cattle on the other side. You measure around the shoulders and brisket of the animal, it is calibrated in inches and the weight in pounds is shown adjacent to the inch mark. Should the pig measure 42 ½ inches it should weigh 221 lbs. Should the cow measure 85 inches it should weigh 1760 lbs. (divide the lbs by 2.2 for kilos). On the yellow side which is the side for pigs it only gives the weight up to 48 ins (4ft) and it then is used as a horse measure and goes to a length of 8ft. I have not been able to track the manufacturer down, it was made in Denmark. I believe the weights are reasonably accurate, especially if the animal is in good marketable condition. I could be wrong about it being as old as I stated as it states that the tape is fibre glass and I don't know if that would have been around in the late 1800's or early 1900's





Dallens Mobile Mechanic



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In Your April Garden

From Irene Turner

APRIL IN YOUR GARDEN

VEGETABLES TO SOW NOW

Broad beans - these like a cool climate to grow in, before planting give the soil a good liming, also add complete fertilizer. They should be ready to pick in Spring and Summer. Peas, cabbages, and white onions. Lime the soil before planting the peas, also give the peas a support to grow on.

FLOWERS

Seedling of - Alyssum, Canterbury bells, carnations, cornflower, delphinium. diathus, hollyhocks, russel lupin, pansy, viola, primula, snapdragons, stocks and wallflower. Seeds of sweet peas can now be sown. They like a soil containing compost, lime and complete fertilizer.

The taller plants like a support to grow on. They look good in a large pot spilling over the side. The water the seeds in then don't water them until they appear through the ground.

This is time to plant deciduous flowering trees- such as Berberies, Viburnum, claret ash, golden ash, golden elm, box elder, liquid amber, silver birch, crab apple, flowering cheeries, Japanese maple and flowering fruit trees.

Watch out for snails this wet season. Lime sprinkle around the plant help to keep them away, and is also good for the soil. Watch for bugs on Trees and shrubs especially Bottlebrushes, spray with Pyrethrum contact insect spray. Re spray after the rain.

MALUS

Crabapple, Apple - Spring 3-6m, Dense; deciduous and fragrant Crabeapple have a beautiful spring blossom and pop out to the fruit later. Many of these Crabs have the advantage of being classed as shrubs and are a handy size for the home garden.

One of the most elegant is the Sargent Crabapple, Malus sargeritii. A many trunked plant rarely 3m in height with attractive zig-zag growth. It becomes quite bushy and is loaded down in spring with white 3cm flowers and later, tiny 5mm, fruits that are attractive to birds.

Favourite Ely's Purple Crab can also be grown as a shrub with a little care; it has short ,single trunk and pendulous branches, resulting in a fountain effect. Leaves are bronzy in colour and the flowers of deep purple-pink appear in summer.

Malus, the botanical name of both Apples and Crabs, is the original Roman name of a wild European species.

They are propagated from cutting or seed. They like full sun and good drainage.

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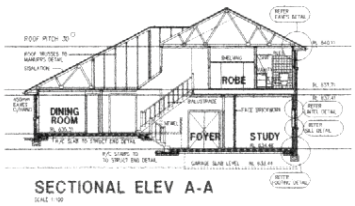

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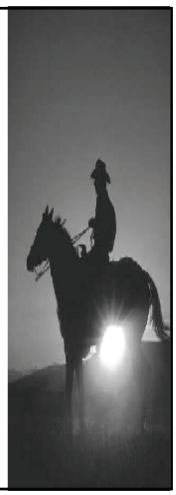

Church News

Catholic Church Services

Parish Priest: Fr. Dermot McDermott
Assistant: Fr. Sunhil Kadaparambil

Presbytery & Parish Office
Phone 4821 1022

****

Sunday Mass will be at 9am. on the 2nd & 4th Sunday at St. Patrick's **Marulan**.

****

Mass Times in **Goulburn** are:
Saturday Vigil Mass:
6pm (DST) at St. Peter & St. Paul's
Sunday: 8am. at Our Lady of Fatima, Nth. Goulburn
Sunday: 10am. at St. Peter & St. Paul's

****

St. Joseph's Church, Tarago
1st Sunday of each month 10.30am
Enquiries: 4842 2444

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by phone - 0401 912 193 or by post -

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Tuesday evening – we plan the ministry, outreach and study His Word

Thursday evening – we praise and enjoy a power prayer hour.

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St. Bartholomew's Anglican Church

CHURCH SERVICES

APRIL

St. Mark's – Bronte
Sunday 10th – 11.30am

St. Bartholomew's – Windellama
Sunday 24th – 11.30am
EASTER SUNDAY SERVICE

MAY

St. Mark's - Bronte
Sunday 8th – 11.30am

St. Bartholomew's – Windellama
Sunday 22nd - 11 30am

The Reverend Vanessa Bennett can be contacted on landline 4821 3631 or mobile 0417 699 700 or by email on wgbnanglican@bigpond.com

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***HALL**	**ALL DAY**	$200
	DAY 4hrs or less	$100
	EVENING/NIGHT**	$200

*Includes Supper Room & Kitchen

** $2 per hour for heating

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Sorted Waste - Domestic Residents only	
Car, station wagon, small ute or small trailer	$13.00
Medium trailer, large ute or 1-tonne truck load	$18.00
Large trailer load	$27.00
Unsorted Waste and Non-Residents Waste	
Garbage & trade waste (uncompacted, per cubic metre)	$66.00
Garbage and trade waste (compacted, per cubic metre)	$ 115.00
Other unsorted waste—	2 x sorted rate per category

Hard fill demolition waste not accepted at Tarago

Animals — *Note:*

Animal carcasses cannot be dumped at Tarago as there are no facilities for burial please refer to Goulburn Mulwaree Council for details on availability in this area.

Car Bodies		$50.00
Tyres —	Car Tyres (each) - per tyre	$ 8.00
	Motorcycle tyres (each)	$ 7.00
	Truck tyres (each) - per tyre	$21.00
	Tractor tyres (each) - per tyre	$80.00

Community Information

Windellama Progress Association

Cathy Meehan (President)	4844 5554
Frances Knights (Secretary)	4844 5157

Windellama Rural Fire Brigade

Jim Meehan (Captain)	4844 5554
Rex Hockey (President)	4844 5147
Ellen Sylvester (Secretary)	4844 5407

Windellama Field Day Committee

Cathy Meehan (Secretary)	4844 5554
Frances Knights (Treasurer)	4844 5157

Windellama News

Denise Johnson (Editor)	4844 5087
Gayle Stanton (Editor)	4844 5156
Cathy Meehan (Sec / Treas)	4844 5554

Windellama Garden Cub Inc.

Pam Williams (Treasurer)	4844 5194
Lynn Stockford (Secretary)	4844 5029

Windellama Hall Country Markets

Bob Shaw	4844 5001

Windellama Historical Society

Rex Hockey (President)	4844 5147
Joanna Croker (Co-Secretary)	4844 5125

Windellama Landcare

Tony Greville (President)	4844 5047
Sandra Greville (Secretary)	4844 5047

Windellama CFR

Kevin Muffet	4844 7143
Shirley Cornish	4844 5101

Windellama School P&C

Terry Hannan (President)	4844 5337
Heather Caulfield (Secretary)	4844 5120

Nerriga Nugget

James Lee (Articles)	4844 5449

Nerriga Rural Fire Brigade

John Rolfe (Captain)	4845 9160
Justin Parr (Snr. Deputy Captain)	4845 9129
Marie Kennedy	4845 9126

Wires (wildlife rescue)

Marian Pearce	4844 5244
Southern Tablelands WIRES	4822 3888

Tarago Pony Club 4844 7014

Community Health - Goulburn 4827 3913

Community Transport 4823 4499

Justice of the Peace

Linda Shannon	0429 980 141
Geoff Burns	4849 4330

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Important Phone Numbers

Rural Fire Brigades

Windellama	Jim Meehan	4844 5554
Tarago	Ken Vassel	4849 4652
Taylors Creek	Dave Elward	4849 4240
Mt Fairy	Frank Gannelll	4849 4558
Bungonia	Ian Tapper	4844 4460
Gundary	Tony Kent	4822 5078
Nerriga	John Rolfe	4845 9160
Bushfire Information		1800 059 333

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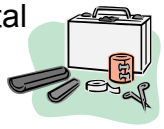
Windellama CFR First Aid

Ambulance on triple zero

Kevin Muffet	4844 7143
SES	13 25 00
Poison Info. Service	13 11 26
Goulburn Base Hospital	4827 3111



Police

Tarago Station -	
Snr. Constable Brad Carey	4849 4411
Goulburn	4824 0799

Other

Goulburn Railway Station	4828 5816
Train info & bookings	13 22 32
www.countrylink.info	
Country Energy - interruptions	13 20 80
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APRIL 2011

MON	TUE	WED	THU	FRI	SAT	SUN
				1	2	3
4 P&C Meeting	5 Willow Glen Gardeners	6	7 School Playgroup	8	9	10 St. Mark's
11	12 Craft Arvo	13	14 School Playgroup	15	16	17 Windy Hall Country Markets
18 Progress Meeting	19 Craft Arvo	20 Nerriga Gardeners	21 School Playgroup	22 Good Friday	23 Fire Brigade Training & Meeting Talent Quest @ Hall	24 St. Bart's
25	26 Craft Arvo Anzac Day	27	28 School Playgroup	29	30 Brigade Auction	

For details of times and places - see articles inside this issue
Emergency phone numbers are on the back of this page.