

Pieces of Local History

From Maree Elliott

Excerpt taken from Goulburn Herald, Saturday 10/4/1852 - **Coroner's Inquest**

On Monday last a Coroner's enquiry was held at Lower Boro, before Robert Waugh, Esq., on view of the remains of a man found in the bush on the previous Friday. The following evidence was given:-

Mrs. Mary Hayes deposed that she resides at Lower Boro, in the house lately occupied by Mr. Woodfield as an inn; the deceased was her husband; his name was Richard Hayes; he was about 72 years of age. The deceased was unable to work for about 2 years, and upwards of a year ago was admitted to the Benevolent Asylum, Sydney, where however he only remained about a month and then came up to this part of the country where they had lived in different services.

The deceased had been childish for the last 3 or 4 months, and had 3 or 4 times strayed away from home and been absent some days; he was sent home by parties who found him, being sometimes as far as 4 or 5 miles away in the bush; last saw the deceased alive on the afternoon of this day 3 weeks, when the witness left him here, she herself going to Mr. Mullins, who lives about 2 miles, to get some provisions and borrow a horse and cart to take the deceased to Braidwood, where she hoped to get a little money subscribed to help to maintain him.

On her return in the evening she found the deceased had left the house; the witness searched after him that night and the next day, and 2 men who were shepherding in the neighbourhood had also been in search of him. She got no information about the deceased until Friday afternoon.

Mr. Thomas Wealands deposed that he lives at Millindett, near Lake Bathurst; went in down this creek about 200 rods above where his body lies; he found his handkerchief; on coming a little further down, the dog gave a cry, and riding up to the spot found the body; some articles of clothing were near the body.

John Gerard, Esq., deposed that he had made a post mortem examination on the remains of the deceased; the body was that of a male

adult evidently far advanced in years; decomposition had far advanced; the body was much mutilated apparently by dogs; the right leg below the knee had been torn away; the whole of the right hand and all the flesh of the right arm, together with the fore finger of the left hand had also been torn away; the face also had been much torn.

The witness' opinion was that the deceased's death was not caused by any violence directly applied; from the situation of the body when found, and the appearance of recent floods, was inclined to the belief that the deceased came by his death by drowning.

A verdict of "Found dead" was returned.

Excerpt taken from Goulburn Herald, 7/5/1903
- **Tarago**

Death - The sad news reached here on Saturday of the death of Mrs. Charlie Cook of Boro. The deceased lady had been a sufferer from an inward complaint for some considerable time, and had undergone 1 operation in the Manly Hospital.

She returned home, and getting worse left on last Saturday week, undergoing an operation on the Wednesday. Her death took place on the Friday.

The remains were brought to Lake Bathurst for interment on Saturday afternoon. There was a large gathering of relations and friends, bearing testimony to the esteem in which the deceased lady was held.

There were many beautiful floral tributes placed on the grave. Much sympathy is expressed for Mr. C. Cook in his sad bereavement. Mrs. Cook was only 23 years of age and leaves one little child, some few months old. The Rev. Mr. Winter officiated at the grave.

Excerpt taken from Goulburn Herald, Thursday 8/12/1887 - **Goulburn Hospital**

On Tuesday morning Mrs. Batt, wife of Thomas Batt of Boro, died at the hospital from dropsy. She had been admitted only on the previous day, but her case was considered hopeless from the first. Her funeral took place the same afternoon.

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A View to VIEW *Voice, Interest, Education of Women.*

VIEW is a national, self-governed women's organisation formed in 1960 by The Smith Family as a service to women and the community. VIEW Clubs of Australia donate in excess of \$1 million dollars each year in addition to sponsoring students, donating goods, books, library bags, reading rugs, school items, Christmas toys and collectively volunteering more than 50,000 hours of time and talents in many different ways.

A recent VIEW Area Gala Luncheon, held in the ACT has proven to be a huge success. The entertainment provided by the Steamboat Stompers from the Royal Military College Band, proved to be very popular with the audience, so popular in fact, that they said they could easily be convinced to perform at some other function sometime in the future. The raffle with its several wonderful donated prizes and a wonderful trading table of homemade produce, contributed immensely to the successful day. All the organisers and participating VIEW members were thanked for the tremendous effort that went into the day.



Alison McIntosh was the guest speaker for the June dinner meeting of Crookwell Evening VIEW Club. Alison spoke about her role as a member of the Royal Agricultural Society of the Commonwealth. This organisation provides an opportunity for interaction between agriculturists at a grass roots level. The projects Alison has been involved in are called Understanding and Assistance missions, which provide an opportunity for eager young agricultural minds to gain an insight into another culture while giving practical assistance and sharing knowledge. Alison captivated her audience while giving a power point presentation on her visit to rural Zambia.

She also told of her adventures in Papua New Guinea and answered many questions from the floor.

On the subject of captivating audiences, Graeme Northey certainly held one at the recent



Goulburn Evening VIEW Clubs July dinner meeting when he conducted an extremely successful Dutch Auction. Graeme was determined to squeeze every last cent out of the ladies as he auctioned off a fabulous array of donated items, ranging from home made goodies, plants, books, new and preloved favourites to bags of groceries and even a guitar. The evening proved to be lots of fun and most definitely will be repeated in the future.

Mayor of Goulburn, Carol James, shared her view at the Goulburn Day VIEW Clubs July Luncheon, when she spoke about her early life and her current involvement in the Goulburn community.

August 17th will be the Lake George Day VIEW clubs 6th Birthday and members and their guests are in for a big surprise. The luncheon is being held at Shepherds Run Winery, 344 Norton Road, Wamboin and the cost is \$30. Guests are very welcomed to attend and this can be done by contacting Brenda on 48494471 or emailing lgdvc@hotmail.com, it's that simple. The theme for the day will be "Flower Power", which means fossicking out the old beads, caftans, tie dyed skirts and maybe wearing some flowers in the hair. Entertainment will also be a special feature on the day, so come along and have some fun with the ladies of VIEW.

The VIEW clubs in the local area welcome all guests and potential new members, so if you are interested in being a part of this very interesting woman's organisation, have any inquiries or would like to attend a dinner or luncheon meeting, please don't hesitate to contact long time VIEW member, Sue Maas on 48494407 or 0418275402.

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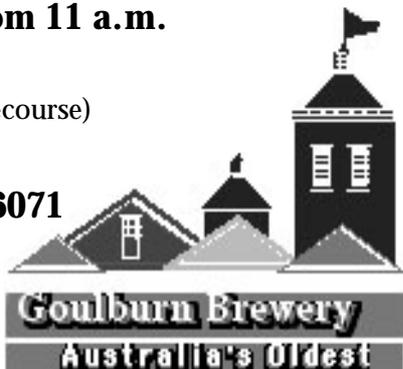
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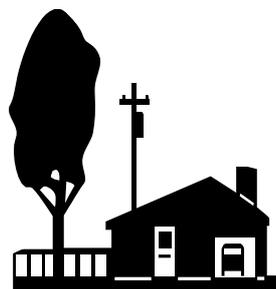
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**National Family History Week –
29 Jul - 8 Aug, 2010 @ Goulburn Library**

What do you know about your ancestors? Were they convicts, railway workers, housewives, agricultural labourers? Where did they come from, and how did they get here? During National Family History Week, Goulburn Library will help you investigate these questions and more, with the introduction of a new *History On Thursdays* workshop session ... **State Records Online.**

Find out how easy it is to delve into these official sources that are freely available online. We'll help you access various convict and immigration indexes, naturalisation indexes, probate listings, census details, and more. Our first session is on Thursday 5 August from 10.30am in the Regional History Room, and it's FREE. Can't make it on the 5th? Not to worry – we will be repeating the session on Thursday 2 September: same time, same place.

HOT Family History workshop sessions occur every week in your Library.

All of Goulburn Library's introductory *History on Thursdays* HOT sessions are FREE, and they are held every week in the Regional History Room at 10.30 am. Where else can you spend a fascinating hour in air-conditioned comfort; learn something new; and share your interests with other like-minded people? With a little luck and intuition, you should even be able to add a little 'form' to the bare bones of those skeletons in your family closet!

Upcoming HOT sessions include:

Thursday 29 July ...
Local Sources: Cemeteries & Newspapers
Thursday 5 Aug ...
NEW State Records Online
Thursday 12 Aug ...
Searching NSW & other online Birth Death & Marriage indexes
Thursday 19 Aug ...
Discovering Ancestry.com
Thursday 26 Aug ...
Exploring FamilySearch.org
Thursday 2 Sep ...
NEW State Records Online
Thursday 9 Sep ...
Revealing online newspaper archives
Thursday 19 Sep ...
Extending the Sources: digging into the CD-ROM discs
Thursday 23 Sep ...
Extending the Sources: Looking for Land
Thursday 30 Sep ...
Extending the Sources: Searching for Soldiers

Places are limited, so bookings are preferred. Book in for one session only, or sign up for all of them. *HOT* session brochures are available at Goulburn Library. Session details are also available online at www.strl.nsw.gov.au.

For further details and bookings: visit Goulburn Library in the Civic Centre, Bourke St, Goulburn in person; or phone 4823-4435; or email to library@strl.nsw.gov.au. Check our website for more **events** at www.strl.nsw.gov.au.

Joan's Tomato Sauce - Gluten Free

1kg tomatoes, washed & chopped roughly
3 large granny smith apples, peeled & cored
1 ½ onions chopped
4 cloves garlic, chopped
210ml white or cider vinegar (NOT MALT)
200g sugar
½ tsp whole allspice (or slightly less in ground form)
4 whole cloves
If using whole spices, the last 3 ingredients are placed in a muslin bag & discarded after use.

Place prepared fruit & veggies in a very large saucepan & pour the vinegar over them. Bring to the boil, then simmer, covered, for 1 hour. Cool slightly, then vitamise or purée with a wiz stick to the desired consistency. Return to low heat, add sugar, salt & spices or spice bag, & stir until sugar is dissolved. Simmer 1 hour or until your desired consistency is achieved. The sauce will thicken slightly upon cooling. When it has cooled slightly, decant into 3 or 4 sterilised 750ml bottles & seal when completely cold.

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Captain - Jim Meehan 4844 5554

Snr Deputy – Lynton Roberts 4844 5118

Bush Fire Danger Period Finished on 31st March, 2010 - Southern Tablelands Zone

Burning-off now permitted with regulations

While the fire season has finished and permits are not required for burning off from the 1st April 2010, there are still regulations that must be followed. Fines can apply if regulations are not carried out.

- Yass **MUST** be notified 24 hours before you light the fire, during business hours 9am to 5pm and by 3.30pm on Friday afternoons.
- Your immediate neighbours must also be notified.
- Notify the Brigade as a courtesy to save time, if smoke is spotted.

For more information contact one of the Brigade phone numbers above.

Working-Bee CAN YOU HELP!

The Brigade will be holding a working-bee at the fire shed on Saturday 28th August commencing at 9am. If you can spare some time your help would be appreciated, lunch will be provided, so just come along and give us a hand.

Brigade Open Day

The Brigade will be holding their RFS Open day on Saturday the 25th September 2010 commencing at 10am until 2pm at the fire shed, Oallen Ford Road, all welcome so come along and say hello, a free sausage sizzle will be provided.

AGM

The AGM was held on the 26th June with a good attendance. The Brigade would like to thank the many volunteers who have assisted with various activities of the Brigade over the last twelve months. The Member Award was presented to Allan Martin by Rex Hockey.

Those elected are as follows:-

Captain - Jim Meehan,

Snr Deputy Captain - Lynton Roberts

Deputies - Marten Schutterups, Rex Hockey, Paul Alessi, Dave Edworthy, Sam Daniel, Ashley

Armstrong, Noel Sylvester, Graham Kinder & Wayne Back

President - Rex Hockey,

Secretary - Ellen Sylvester,

Treasurer – Keith Scorrar

Equipment Officers - Paul Alessi, Allan Martin & Doug Gurney

Training Officers - Wayne Back & Sam Daniel,
Health and Safety Officer - Ashley Armstrong,
Communications Officer - Bev McGaw, Information Officers - Bev McGaw, Cathy Meehan,

Catering Officer - Cathy Meehan,

Assistant Catering Officer: Dianne Armstrong.

Meetings remain the 4th Saturday of each month, times are 7:30 daylight saving times and 6:30pm other times.

Training will also remain the same, the 4th Saturday of each month, always check the Brigade website or contact the Captain Jim Meehan for training activities.

Contributions also remain unchanged \$10 for residents and \$30 for non-residents. Blue forms will be sent out shortly, so please check information and update your details.

Training

The Brigade training days are well supported with members from our Brigade as well as members from supporting brigades Bungonia, Tarago, Mount Fairy & Collector. Nine brigade members will shortly be attending an accredited Level II Tree Felling Intermediate chain saw course in Goulburn. For additional information or enquiries on any courses and training contact the Captain Jim Meehan on 4844 5554.

For dates and times of training check the Brigade website.

General Meeting

28th Aug 2010 6:30pm

25th September 6:30pm

Training

28th August 2010 9am Shed familiarisation.

25th September 10am Open Day, no training

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7 Ways to Improve Intimacy in Your Relationship

Good relationships don't just happen. Many people have the attitude that, "If I have to work at it, then it can't be the right relationship." This is not a true statement, any more than it's true that you don't have to work at good physical health through exercise, eating well, and stress reduction. There are choices you can make that will not only improve your relationship, but can turn a failing relationship into a successful one.

Accept personal responsibility: It may not seem like it, but this is an incredibly important choice that you can make to improve intimacy in your relationship. This means that you learn how to take responsibility for your own feelings and needs and refuse to blame your partner for not making you feel happy and secure.

It means learning to treat yourself with kindness, caring, compassion, and acceptance instead of self-judgment. Self-judgment will always make you feel unhappy and insecure, no matter how loving your partner is. For example, instead of getting angry at your partner for the feelings of rejection you may experience when he or she is late, preoccupied and not listening to you, or not turned on sexually, you would explore your own feelings discover how you might be rejecting yourself.

When you learn how to take full, 100% responsibility for yourself, then you stop blaming your partner for your unhappiness. Since blaming your partner for your own unhappiness is the number one cause of relationship problems, learning how to take loving care of yourself is vital to a good relationship.

Compassion, understanding and acceptance: Treat your partner the way you would like to be treated. This is the essence of a truly spiritual life. We all yearn to be treated lovingly – with kindness, compassion, intimacy, understanding, and acceptance.

Relationships thrive when both people treat each other with a deep intimacy. While there are no guarantees, sowing intimacy often reaps intimacy in return.

If your partner is consistently angry, judgmental, uncaring and unkind, then you

need to focus on what would be loving to yourself, and loving to the other, rather than reverting to anger, blame, judgment, withdrawal, resistance, or compliance. Kindness to others does not mean sacrificing yourself. Always remember that taking responsibility for yourself rather than blaming others is the most important thing you can do. Seek further help such as counselling or coaching if your partner is still not able to treat you with kindness. You cannot make your partner change – you can only change yourself!

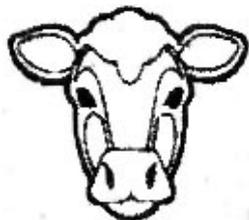
Be open to learning: When conflict occurs, you always have two choices regarding how to handle the conflict: you can become open to learning about yourself and your partner and discover the deeper issues of the conflict, or you can try to win, or at least not lose, through some form of controlling behaviour.

We've all learnt many subtle ways of trying to control others into behaving the way we want: anger, blame, judgment, niceness, compliance, caretaking, resistance, withdrawal of love, explaining, teaching, defending, lying, denying, and so on. None of these promotes healthy intimacy within the relationship and in fact they create even more conflict. Remembering to learn instead of controlling is a vital part of improving intimacy in your relationship. For example, most people have two major fears that become activated in relationships: the fear of abandonment – of losing the other - and the fear of engulfment – of losing oneself. When these fears get activated, most people immediately protect themselves against these fears with their controlling behaviour. But if you choose to learn about your fears instead of attempting to control your partner, your fear would eventually heal. This is how we grow emotionally and spiritually – by learning instead of controlling.

Make sure you have regular dates: When people first fall in love, they make time for each other. Then, especially after getting married, life happens in all its busyness. Relationships need time to thrive. It is vitally important to set aside specific times to be together – to talk, play and make love. Intimacy cannot be maintained without time together.

Continued next page

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