THE WINDELLAMA NEWS

Windellama Progress Association Hall Inc.
Vol. 17 no. 1 - February, 2013

Editorial & Layout: Denise Johnson & Gayle Stanton
Sec/Treas: *****

www.windellama.com.au

Published Monthly **Hard Copy Distribution 400 - *Website : 6,000 average/month***
Windellama, Oallen, Nerriga, Bungonia, Mayfield, Quialigo, Lake Bathurst, Bungendore & Tarago

Places of Last Resort – Neighbourhood Safer Places (NSP).
They are a last resort if all other options in your Bush Fire Survival Plan cannot be implemented.

- Windellama Hall & Grounds has been allocated as the Neighbourhood Safer Place for our area.
- If it is unsafe to leave the area or stay and defend your property, and the path is clear, you should move to your pre-identified NSP (Windellama Hall & Grounds), or other safer location prior to the impact of a bush fire.
- Be aware that when you are travelling to your NSP there may be heavy smoke and poor visibility. It is important that you are familiar with the area.
- Gather at the NSP location (Windellama Hall & Grounds) and remain there until the bush fire threat has passed.
- The conditions at the NSP may be uncomfortable and you may be affected by smoke and embers.
- Water & toilets are available but food may not be available at the Windellama NSP and emergency service personnel may not be present.
- People with special needs, such as the elderly and disabled, should always leave before the threat of fire & take all medications with them.
- NSPs are not intended for pets and livestock.
- Your safest option will always be to leave early.

Pets may be taken but must be under your control & your responsibility at all times and dogs must be kept on a leash.

PETS MUST NOT BE TAKEN INTO THE WINDELLAMA HALL.

*** BURNING OFF? - PERMITS NOW REQUIRED ***
Windellama Hall is your designated *SAFER AREA*

Annual Subscriptions - please send your details and **$20** (cheques payable to 'Windellama News') to cover the annual cost of postage.
All cheques please post to:

The Secretary, PO Box 705, Goulburn. 2580

* Unpaid subscriptions will be cancelled after one month

If you have any short articles, anecdotes, or something else interesting about yourself, your family, or the community; please write it down and drop it in our letterbox at the Hall. We will edit it and publish it in the Windellama News.

A LOCKED POSTAL BOX IS AT THE FRONT OF THE HALL, 3444 OALLEN FORD RD, IN THE STONE WALL FOR THE COLLECTION OF ITEMS FOR PUBLICATION

Items left in the box after the deadline will not be collected or included in the News

Articles, adverts, etc may also be sent by email to:

newswindellama@gmail.com

Adverts sent by email will not be inserted unless payment is received by the deadline.

Our Policy on Receipts

The Windellama News makes out a receipt for all advertising payments made to the paper. We don't post out receipts to save cost and we assume that the appearance of the advertisement in the paper could normally be taken as proof of payment.

If you require a posted receipt please include a stamped self-addressed envelope with your payment.

It would be greatly appreciated if anyone sending money to the Windellama News would include their name and address and a note saying what it was for and put it in a sealed envelope. This would avoid a lot of confusion and uncertainty .

Notice to advertisers, article submitters & readers

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Coming Events…

March

3 Tarago Show

11 Canberra Day (ACT)

April

29 Good Friday

30 Easter Saturday

31 Easter Sunday

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DEADLINE FOR ALL ISSUES IS THE 20TH OF THE PRECEDING MONTH

YOUR WINDELLAMA NEWS IS PRINTED BY BUSINESS REQUISITES, GOULBURN

Community Notice Board

CANCELLATION—Arts, Craft and Flower Show

It is with regret we have to cancel our show in February due to the weather, lackbof flowers, fruit and vegetables.

We have a few members who are not 100% well at the present also. We apologize for any inconvience caused.

The Windellama Garden Club

Windellama Markets

There will be a change in the operating times of Windellama Markets from February 2013. The Markets will be open from 9.00 am to 1.00 pm.

Windellama News is looking for a volunteer who is able to fill the position of Secretary/ Treasurer.

We need someone who is computer savvy and understands book keeping to be available each month to send invoices, mail out subscriptions and liaise with our advertisers.

If this is you, just phone Denise on 4844 5087 and join our team.

CRAFT AT WINDELLAMA HALL

Will resume on Tuesday 12th February

From 1-4pm

We are not at the Hall on the first Tuesday of the month.

All craft practiced.

For information Ring Irene 48 445 214

Recruiting members to form a Goulburn Regional Area Gold & Treasure Prospecting Club

The proposal is a hobby oriented, not-for-profit club, made up of an acive membership of community minded folk with any personal prospecting interest.

Experienced and newbies like me are all welcome. They will need to be of willing attitude to pitch in and help to setup the club to the benefit of all members. Also be willing to participate in activities such as club meetings, field trips, and social events as organised by club elected officers for the benefit of all members at suitable times throughout the year.

For all interested, there will need to be an initial informal forum meet , to allow everyone to have some input and set things in motion re appointing club officers (temp) and format a general business agenda for club start up.

Please initially contact Kevin Winters after 7pm with your name and contact details by email: popwinters@netspace.net.au or text on 0407 203 075.

Thank you.

Canassist wishes to thank the Windellama Progress for once again allowing us to have a stall at the Field Day. Thankyou also to those who supported us. The winner of the Makita Brushcutter bought the ticket at the Field Day, no it wasn't Dave, but a Mrs. Withers from Bungendore.

If there are any BINGO players out our way, Sunday 17th February, 2pm start, $5 book, Goulburn Workers Club. Under 12's welcome but must be accompanied by an adult please. Further info from Bonita 4844 5387.

DON'T MISS THE 55th ANNUAL

TARAGO SHOW

Sunday 3rd March 2013

Time: 9.00 am to 5.00 pm

Entry: Adults: $10.00; Concession: $5.00; Children U16 free!

Location:

Tarago Showground & Recreation Area

FREE ENTERTAINMENT

Reptile Display, Magic Show, Shearing competition, Tug of War, Vintage & Classic Cars and Engines, Face Painting and competitions for children of all ages

$$$ to be won in the newly introduced COW PAT competition

See gun shearers in action

Plenty of free entertainment for the kids sponsored by

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ENTER your arts, crafts and farm produce in the popular Tarago CWA Pavilion competitions. Entries accepted Saturday 2nd March 8:00 am till 12:00 Noon

Come and see the Horse and Dog Shows and enjoy the great food.

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The Magic Jester returns to Tarago – Free Shows throughout the day

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or email: **merjohn@harboursat.com.au** or visit www.tarago.org.au

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FIRE DANGER RATINGS

Catastrophic

For your survival, leaving early is the only option.

- Leave bush fire prone areas the night before or early in the day - do not just wait and see what happens.
- Make a decision about when you will leave, where you will go, how you will get there and when you will return.
- Homes are not designed to withstand fires in catastrophic conditions so you should leave early.

Extreme

- Leaving early is the safest option for your survival.
- If you are not prepared to the highest level, leave early in the day.
- Only consider staying if you are prepared to the highest level - such as your home is specially designed, constructed or modified, and situated to withstand a fire, you are well prepared and can actively defend it if a fire starts.

Severe

- Leaving early is the safest option for your survival.
- Well prepared homes that are actively defended can provide safety – but only stay if you are physically and mentally prepared to defend in these conditions.
- If you're not prepared, leave early in the day.

Very High, High, Moderate, or Low

- Review your Bush Fire Survival Plan with your family.
- Keep yourself informed and monitor conditions.
- Be ready to act if necessary.

Windellama SES First Aid & CFR

What a land of contrast we live in, 11 degrees at Michelago on Xmas Day, last Friday the 18th, 40 then on the 19th it was 16 and to-day, at the time of writing, 18 pleasant is it not. There will be more hot days to come, so please take care and be sure to keep your fluid intake at a high level, just good old fashioned water will suffice.

We are fortunate in the Windellama area to have such a dedicated radio operater as Bev McGaw, she needs a medal, don't know if there is one applicable to the occasion. Accurate information is essential, so please make sure of the particular location of any event. The addressing system that was put in place years ago, whilst needing a bit of fine tuning, is never the less quite satisfactory. Remember that valueable time, resources and personel have been taken out of action whilst going in the direction of a non event. This happens to all services, not just firies.

We are all asked to attend a basic First Aid course if possible, I personaly, would advise all of those who are associated with the land to do at least a Basic Firefighting Course, I particularly refer to people who are not living here full time.

Safety to you and to others is essential and I am amazed to see on T.V., shots of people in very dangerous situations, doing whatever they wish to do to protect their property, dressed in shorts, singlet, etc., Don't people these days own pair of cotton overalls? Common sense does not seem to exist these days.

We in our particular services to which each of us belong, are issued with uniforms, these are not only to designed to identify each service, but most importantly, they are to protect us, as far as is possible, from the dangerous situations to which we are exposed, enviromentaly that is.

Our unit had a particularly quiet period over the last two months, well done folks.

Kevin Muffet

Team Leader

Windellama S.E.S./ C.F.R.

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WINDELLAMA HISTORICAL SOCIETY Inc.

Hello Everyone,

Welcome to another year, I only hope that this one will be a lot slower then the last. Given the hot weather conditions, we have decided to postpone the excursion that we had planned for February, until the weather cools down.

We have got A great day planned for our March market day, to coincide with Goulburn's 150 celebrations. We will have a great Gold display on show and also plan to serve freshly baked damper and hot of the coals Billy tea at a cost of a donation (weather permitting) All is welcome to attend and hope to see you at this special March market day.

The museum is open on Market Days – the third Sunday of each month 10am – 2pm

We have volumes 1&2 of Wild Windellama by
Carina Clarke
For Sale and available at the Museum ....
For $15.00

There is a selection of Windellama local history books by Tom Bryant and books by a local poet, Rex Hockey, for sale in the museum as well as Motorcycle Grand Prix Posters for only $20, bookmarks and postcards with images of early Windellama.

Our next meeting will be 1st February 10am
NEW MEMBERS ARE ALWAYS WELCOME

For any enquiries please contact:

Rex Hockey ..... 48445147 President
Julian Woods .... 48445270 Secretary
Marcia Tatam .... 48236854 Treasurer

Remember

Places of Last Resort

Neighbourhood Safer Places (NSP)

are a Place of Last Resort for people during a bush fire.

They are a last resort if all other options in your Bush Fire Survival Plan cannot be implemented.

Neighbourhood Safer Places do not guarantee your safety.

Leaving areas where a bush fire can start is always the safest option.

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Willow Glen Gardeners

For our December 2012 Christmas party gathering, The Willow Glen Garden Club ventured into the dusty hills of Mayfield, where we discovered a hidden gem. “Cullgurn”, a picture perfect garden that has been intelligently designed by owners Jackie & Doug over the 8 years they have lived on the property full time.

We begin our day by taking a walk around the garden. ‘Cullgurn’ features a variety of neatly planted spaces including a beautiful rose garden, enclosed vegetable gardens, a native walk and a fairy garden playfully enjoyed by the couple’s grandchildren.

We chat to each other (as well as the horse and rather friendly sheep) while we take in the stunning view of the mountain ranges from the main lawn area. This section is also home to a gorgeous ornamental pond encircled by a working miniature train track which we admired while sheltering beside the large Japanese Maple Trees from the rather gusty wind.

It was time to begin our meeting where we were lucky enough to be joined by some of the members from the ‘Windellama Garden Club’. Gathered amidst festive table decorations and plates of tempting foods, it seemed that the weeds (which have a tendency to grow higher than ourselves) were the most common problem being faced by members through December, some people were finding that zucchinis may need to be helped along by hand pollination if there is a lack of bees in the area. We also discussed bringing in leaves/parts of diseased plants for diagnosis in sealed plastic bags.

We finished up the formalities and started up the annual Christmas barbeque, a few lucky members nabbing the prize seats beneath the coolness of the wisteria draped pergola to eat their lunch.

A day of festive cheer was had by all and we left as always, feeling full of good food and good ideas to bring to our own gardens.

A guide to what vegetables to plant and sow now, will be available on our website soon: www.whispersfromwillowglen.blogspot.com

Our next meeting is at John & Marian Pearce’s place at 243 Sandy Point Road, we start at 10am; please bring a plate to share.

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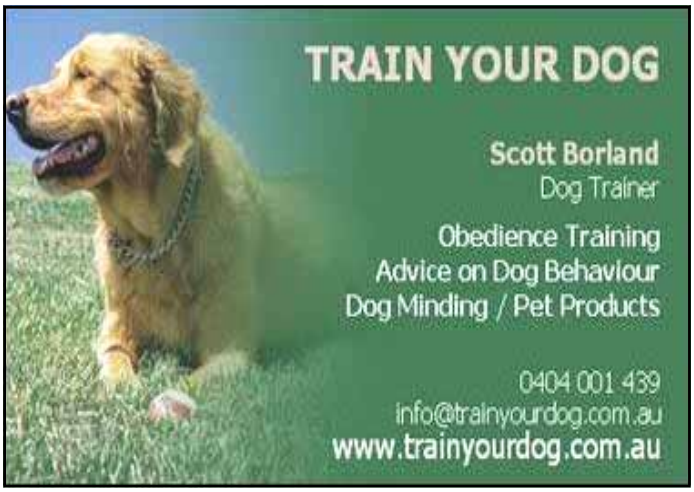

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Windellama Garden Club

It is with regret we have to cancel our show in February due to the weather, lackbof flowers, fruit and vegetables.

We have a few members who are not 100% well at the present also. We apologize for any inconvience caused.

The Windellama Garden Club

Crafts @ Windellama Hall

The Craft Tuesdays are in the afternoons, from the second Tuesday at 1 - 4 pm.

All crafts are practiced: cards, folk art, knitting, crocheting and needlework. All Welcome.

For more information please contact Irene on 4844 5214.

Goulburn Library Opening Hours

Monday to Friday: 10.00am - 6.00pm

Saturday: 10.00am - 1.00pm

Sunday: 2.00pm - 5.00pm

Nerriga *Gossips in the Garden*

Gossips in the Garden will be held at Terri & David Batcheldor's home, 902 Oallen Road Nerriga, on Wednesday 20th February at 10am. Terri & Davidare just starting their garden & are looking for ideas for the planning of their garden.

Please bring a plate to share for lunch.

For further information, Kay Hamer 4845 9021 or Di Roberts 4844 5344.

All are welcome!

Rainfall Stats

16th Dec to 15th Jan

Rosewood, Windellama Road, Windellama
33.5 ml/ 4 days

Amaroo, Roberts Road, Oallen
38.5 ml / 6 days

Gar-Den, Oallen Ford Rd, Oallen
40 ml 10 days

Johnno's Store, Oallen Ford Rd, Bungonia
31 ml / 5 days

Tarkierelea, Fernleigh Close, Windellama
ml / days

Windellama Fireshed
ml / 1st-** January
Annual to date: ml

Are you looking for a recipe? Or have you got a great recipe you'd like to share with readers.

Email: newswindellama@gmail.com

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Daily (Mon-Sun)	6.43am	7.49am	11.02am	12.05pm	3.17pm	4.25pm
Monday to Friday	11.55am	1.01pm	4.21pm	6.58am	10.15am	11.23am
Mon, Wed, Fri & Sun	5.03pm	6.09pm	9.23pm	6.11pm	9.21pm	10.29pm
Saturday & Sunday	11.55am	1.01pm	4.25pm	6.58am	10.09am	11.17am

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Tarago Show March 3 2013

The Tarago Show Society is proud to announce that we have been chosen to host the ANSA Fine Wood Shearing Competition, NSW State Championship.

The Tarago Show is on March 3, 2013.

The Chief Steward for this event is Terrence Byrne

A prize pool of $5,500 is available thanks to the generosity of our sponsors.

Australian Wool Innovations, a major sponsor, will be paying the entry fee of $10 for learners who will have a prize pool of $770. It is hoped that all up and coming learners will join in and enjoy a great instructional and entertaining day.

In addition to the shearing we have a very large horse show encompassing a huge number of categories and in the village a dog show which attracts over 500 entries

Children, who are admitted free, will be able to compete in a prize winning tug of war, pedal cart races and many other activities to keep the youngsters occupied.

With a prize pool of $2,000 the Pubs vs RFS tug of war is always a crowd pleaser and the prize money goes to support local non-profit community organization or charity.

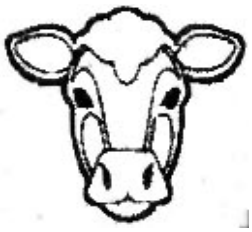
Our wonderful food outlets will cater for your appetites and of course, for the eligible, bar facilities are available.

A new addition to our show is the Canberra Bush Dance Group who will, in full period costume. re-create the charming dancing of bygone days.

The ladies of the CWA have created a wonderland of exhibits in the Pavilion and the judging on the day before the show will showcase the best the district has to offer.

For full details check the website: www.tarago.org.au or contact Keith Hunter, ph (02) 4849 4256 or email: krhunter@harboursat.com.au. , or Marianne Ronayne, 4844 5518, email: merjohn@harboursat.com.au.

FIFE'S STOCK FEEDS



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Windellama Public School News

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Website: www.windellama-p.schools.nsw.edu.au **Fax:** 4844 5265

PRESENTATION NIGHT 2012

Our 2012 Presentation Night was held at Windellama Hall instead of at the school, due to the risk of inclement weather. It was another successful evening with students, parents, staff and community members attending.

The 2012 Year 6 students conducted the evening. After tea the evening commenced with the formal proceedings of presentation of books, certificates and special major awards.

This part of the evening was followed by the students performing a play called "The Twelve Days of Aussie Christmas". Every student had a 'starring' role.

We would like to thank the sponsors of the major awards. They include the Windellama Historical Society, Goulburn Mulwaree Council, Dr Isabella Hawke, Town and Country Books, Member for Goulburn Ms Pru Goward, Marulan Lions and the Windellama School P&C.

2013 ENROLMENTS

We will be welcoming 7 new students to our school in 2013. These students will be commencing in Kindergarten. We look forward to having them and their parents as a part of our school.

BUSY TERM 1

We will be very busy in Term 1 2013. As well as our everyday classroom lessons, we will be participating in our combined Small Schools' Swimming Carnival, Athletics Carnival and Cross Country. The Years 3-6 students will also be participating in annual Learn to Swim lessons for two weeks.

FAREWELL MR MAC

At the end of 2012 we farewelled Mr Mac and his wife Kathy. Mr Mac has taken up a position at a school near the Queensland border. It appears that his new school is very similar to Windellama! We wish Mr Mac and Kathy all the best.

WELCOME MRS EDWORTHY

We welcome back to Windellama Mrs Edworthy for Term 1. Mrs Edworthy will be the Acting Principal until the Principal's position is filled permanently.

P&C MEETING

Our first P&C meeting will be held on Monday 4 February, 6.30 pm, and we invite all parents and community members to come along.

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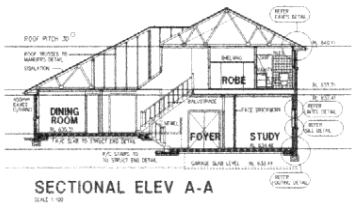

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Quadbike and Vehicle Safety

Four wheeled motorbikes (quadbikes) are a leading cause of death and serious injury on Australian farms. There are on average 14 farm quadbike related fatalities on Australian farms every year. In 2011, there were 18 quad bike related fatalities on Australian farms.

While there have been significant farm safety success with the reduction of death and injury associated with tractor use on farms, a reduction in the child related injury; quadbike related death and injury continues to rise and is a major concern.

Farmsafe Australia have developed an Quadbike Safety Guide for farmers, that can help farmers reduce the risk of serious injury associated with quadbike use on farm.

When farmers are considering using four wheeled motorbikes for work on farms, Farmsafe encourage the following safety principles:

- Is the quadbike the most appropriate vehicle to do the job? A farm ute or small Utility Vehicle (Side by Side vehicle) is better to carry passengers and heavy loads safely.
- A suitably tested crush protection device (CPD) should be fitted to the quad bike.
- When riding a quadbike, always wear a helmet.
- Always keep the quadbike well maintained and tyres correctly inflated according to manufacturers reccommendations.
- DO NOT allow riders under 16 years old to operate a quadbike.
- DO NOT carry passengers and
- DO NOT carry heavy loads or overload a quadbike. They become more unstable and may roll causing fatal crush injuries.

For more information see Farmsafe.org.au

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Single beds & quality mattress (3 of) 2 matching $50ea other $80, 3 pce lounge suite $90, Westinghouse 230lit **fridge** $130 (can still buy new for $550). All good condition. Ph 4844 7188

Metal Garage (Hills) Colourbond, 6mts x 6mts x 2.6mts, twin roller doors. New flatpack, never assembled, complete. Windellama/ Quialligo area $3,000. Ph Paul 4844 7031 or 0400 887 521

410 Shotgun, near new with some ammunition. $340 ONO. Ph 4845 9147, after 6PM, PFT.

2 seater leather/wood **lounge** and matching arm chair, good condition. $90.00 4844 5180

2 x 60litre drums **Mobilube** HD Plus 80W-90 gear lubricant, $200 per drum. 4844 5180

Leather Electric Lift Chair green, as new condition $500.00 Ring Irene 48445 214

Bunk bed - top single, bottom double with mattresses. $300. Ph 4844 5838

RURAL RELATED FOR SALE

Duncan Direct Drill, 20 tyne. Good order. $3,500. Ph 4844 6250

Stockcrate 1.8 x1.8 x1.2 galvanised 40 x 40mm, Good for sheep or calves, sliding rear roller door VGC -$500 o.n.o. Ph 0412 421 464

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Jarrett Slasher, 1.2 metre (4 Foot), 40 HP Gearbox. Good Condition $950 Phone 0419 403 658.

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Farm Contractor with tractor (only) to deep rip tree lines. Needs to be able to pull a 3 shank Yeomans Plough. 60-100hp required. Location is 2 km from Lumley Rd turn off, on Mayfield Rd. Please call Nick Huggins 0417 010 956

Local person to cut firewood on and for our property at Spa Rd Windellama approx. 1 ute load per fortnight. We have a petrol log splitter available to use if required. Ph: (02)9534 0068.

Gardener a few hours per fortnight, weeding maintaining. Spa Rd Windellama.
Ph.: 02 95340068.

Pekin ducks One or two female as company for my existing 2 year old female. Ph Pam 4844 5180

Knitting wool for volunteer knitters for charity. Any leftover wool, any ply, gratefully accepted. Ph Denise 4844 5087

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Shetland mare, small, very quiet, 5 years old, no vices. $700. Ph 4845 9147 after 6pm.

Belted Galloway Bull for sale, Registered with certificate, 3 years old, black & white, docile, Windellama area $1500. Call John 0411 349 555.

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Puppies (purebred Papillons) - 2 males left. $350 each. Vaccinated, micro-chipped, wormed, 12 weeks old. Please phone Johanne Beilby Ph 4844 7139 (Lake Bathurst area)

4 Heifers and 3 steers, $2,500 the lot. Ph 0413 241 356 or 0403 065 875 after 7pm.

Piglets - different ages so different prices. Ph Bob McDonald 0429 494 331

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Nerrimunga Creek Sheep Dip

Another piece of Windellama history came to light recently. It was the sheep dip near the Nerrimunga creek bridge on the Spa Road. This creek was known locally as the Nerrimunga Creek but on maps it is the Nadgigomar Creek, becoming the Nerrimunga further downstream.

I visited the sheep dip in October 2012 and it appears to have been well made and the yards, although now just lines of wire and rotting posts can be clearly seen. An interesting feature of the dip is that drawn into the cement when it was wet is “English and Williams, Dipping Contractors 1954 Phone U2”. The phone number is a mystery as it seems to have been a party line and there were no party lines in Windellama and no phones on the Spa Road.

The families of English and Williams lived in the area but I wanted to know more so I wrote to Bruce Hush, a former Spa Road resident. He told me that it was Laurie English and Noel Williams that built the dip. It would have been used by local farmers, English, Larcombe and others but I doubt if it was ever a business as the inscription would lead you to believe.

In the 1960s the floods in the creek had gone over the dip and washed the yards down and filled the dip with debris. Mr Hush told me that he cleaned out the dip after the floods and got 2 eels and a fish out of it.

The dip was used until the 1970s when pour on dip was introduced. This saved a lot of work as it just had to be poured along the sheep’s back to kill the lice etc.

If anyone else has any information on the dip they can contact me at quadcar2@gmail.com

Tom Bryant 14 January 2013.

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Captain - Rex Hockey 4844 5147 | Snr Deputy – Lynton Roberts 4844 5118

BUSH FIRE DANGER PERIOD COMMENCES ON 1ST OCTOBER 2012
SOUTHERN TABLELANDS ZONE

NSW Rural Fire Service SOUTHERN TABLELANDS ZONE has declared the start to the statutory Bush Fire Danger Period (BFDP) as at 1st OCTOBER 2012. From October 1, any person wishing to light a fire in GOULBURN MULWAREE, UPPER LACHLAN and YASS VALLEY Local Government areas will require a permit.

During a Total Fire Ban however, no fires of any kind may be lit even if you hold a permit.

Remember with the long range weather prediction for this summer season as a hotter and dryer period since the last three years care must be taken.

During a Total Fire Ban however, no fires of any kind may be lit even if you hold a permit.

PERSONAL SAFETY SHOULD BE A FIRST PRIORITY

Prepare your pets and livestock

A bush fire will be a traumatic and stressful experience for your pets and livestock. During a bush fire your animals will need water, shade and a safe place. You should always contain your animals in a well cleared fenced-in area. *Never turn animals out on the road to run free*. This is dangerous not only for them but also for firefighters and other people on the road.

On days of increased fire danger

On hot, dry, windy days you should pay extra attention to the fire risk in your area. There are actions you can do to save time in case a fire does start:

- ❏ Contain pets so they can be easily found.
- ❏ Move stock to fully grazed areas.
- ❏ Check water pumps and generators to make sure they are working.
- ❏ Review your Bush Fire Survival Plan with your family and have your Emergency Survival Kit and protective clothing ready.
- ❏ Listen to the media for updates and information.
- ❏ Talk to your neighbours, family and friends.

Make sure your whole family knows what your trigger is and be ready to put your Bush Fire Survival Plan into action.

Caring for livestock in the case of the threat of fire on your property by planning before the fire season. Stock can be placed in a well grazed paddock as bare as possible with little or no growth and a dam or water access, also ensure this area has secure fencing.

Remember stay well clear of a dam which has power lines running across them in case of falling power poles and lines.

Training

If you wish to take part in the Windellama Brigade training or be contacted by email regarding the monthly training details visit the Brigades website and send an online contact form or email windellamarfstraining@gmail.com. For information on training dates, times and scenarios check the Brigade website or contact the Captain Rex Hockey 4844 5147 or Assistant Training Officer Sam Daniel 4844 5433.
www.windellamarfs.com.au

General Meeting 23rd February 2013 - 6pm
Training 23rd February 2013 - Structure Fires - 1pm

General Meeting 23rd March 2013 - 6pm
Training 23rd March 2013 - Truck and Shed Maintenance- 1pm

Please take care on our roads and see you at the next training and meeting. **All welcome.**

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Happy New Year to everyone and may all your dreams come true.

So far a very hot January, 41.7 here the hottest on our verandah and everything is getting so dry. Lots of watering to do. We have had one very bad fire day with those horrible strong west winds.

I feel so sorry for people in NNSW and Tasmania who have lost homes.

One has to be prepared and keep the grass around the house as short as possible. Heroides always slashes our front paddocks every spring which helps. It also helps having Lake George to the west of us. We are still a little green and on bad days keep the Alpacas in the garden or close paddocks. I have often said I would not hesitate to bring them in the house, if they would come, it is rammed Earth but the tiles are slippery, we need plenty of rugs and as we still have one entire boy we could not mix the sexes, fun and games.!! I think one would have to see the circumstances, fire direction, how strong etc and act appropriately.

I ask my guides and angels for help and pray it never happens. I much preferred last year with all the rain, much better, although a friend complained it was too much rain. !! This year there is so much watering to do and the poor young trees I put in do not like the hot conditions at all. At least the Alpacas have plenty of water troughs and shade and shelter and so do the poultry.

Monty and Mbale are inside most of the day, as the house stays cool as if we had the air conditioning on, which we have not needed yet. Mbale is still depressed over Corto's passing. Monty is such a good puppy and only chews his own toys, soft ones inside and marrow bones, balls and fir cones outside. He has his own trampoline on which he plays with his toys. He sleeps inside with Mbale on a mattress and only comes up on to the bed beside me in the early AM. He already knows basic commands and told us a fox was about one night and does not chase chickens or lizards. He has seen a dead snake and was told off and taught to back off and leave it alone.

At the moment all the Alpacas are in the paddock sunbaking and you would think if you did not know better that you had a few dead bodies!. My cute bantams of all colours have had lots of babies this season. One mother had ten and another seven, but she sadly lost four (to a rat we think).

There are a lot of snakes about this year usually we only have tigers, but Heroides has seen at least 4 browns this year. He has done a snake handling course, so he gets them in a bag with a hook and transports them to the back of the property if they are in the garden.

We have a lot of wombats too because of the creek and sand but they annoy Heroides as they do not just make one hole in his fences but lots a little way apart and do not use the same hole. That is life.!!!

Did my Engaging with the Sacred course with Billie Dean in Braidwood and enjoyed it very much and met some amazing people, we are now Earth Keepers

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Joy .

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Windellama Landcare

Landcare update for Windellama news February 2013

The Windellama Landcare Group's Christmas Party and AGM were held on Saturday 1 December at the Landcare Shed under the big shady pines. Thanks were given to all the members and other volunteers for their work and enthusiasm during the year. The CMA has helped us a great deal this year - especially our energetic Landcare Co-ordinator Kristy. The election of a new committee was held, and the 2013 office bearers are:

President: Warren Yates

Vice Presidents: Lloyd Turner and Tony Greville

Treasurer: Judy Yates

Secretary: Sandra Greville

Grounds Operations Director: John Pearce

Assistant G.O.D: Doug Gurney

Catering Officer: Marian Pearce

Publicity Officer: Peter Hudson

Stores Manager: Andrew MacMillan

In 2012 we said farewell to long-time Windellama Landcare members Shirley and Merv Cornish and Joy and John Darragh. They will all be missed immensely, but we hope that they will visit us often!

Windellama Landcare Group's first working bee for 2013 will be at Serengeti in late March. The confirmed date will be in the next Windellama news.

Annual membership is now due. Those who did not join or re-join at the AGM and would like to, please send your dues to the Treasurer, Judy Yates at 866 Willow Glen Road Windellama. If you are new to the area and you are interested in joining Landcare why not join us at one of our working bees. Membership of Windellama Landcare is $5.00 per family. Call Judy (4844 5350) or just turn up and see what we do. Children welcome!

Wild Windellama: Carina Clarke's articles, accompanied by her beautiful sketches, about local birds, animals, plants, insects, fish and reptiles of the local area were published in the Windellama news over a number of years, are now collected in a two volume set called Wild Windellama. Copies are available from the Secretary, Windellama Landcare (4844 5047) at $10.00 per set.

We look forward to another productive year – after all, we have a lot to live up to after receiving the Champion of the Catchment award!

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From 6pm

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Coffee @ The Dog

⊙ Bottle Shop

The following is taken from the book 'Windellama Remembers' and it is hoped that the whole book will be available from the Museum later this year.

CONVICTS

During the 1830's a debate raged as to whether transportation should stop. On the one hand were those in favour of cheap labour, on the other those who considered the inefficient nature of that labour to be of little advantage. It was also considered morally and socially depressing to free settlers. In 1839-40 the British Government ceased transportation to New South Wales. This started another debate calling mainly for cheap labour. The Government pledged Stg.1,000,000 to bring out immigrants - Scots, Irish, English, Chinese and German. The last convict ship arrived in Sydney on 8th June, 1849. The ship "Hashemy" had 219 male convicts aboard. They were allowed to land, but transportation of convicts to the eastern colonies was effectively ended.

Dr. Thomas Braidwood Wilson gained the freehold title of Portion 1, Parish of Cullulla, County of Argyle on 22nd November 1837. He named his property "Windellama". The township of Braidwood is named after Dr. Wilson, who owned 13,000 acres of land at the time of his death. It was not difficult for farming grazing and building operations, with an abundant supply of convict labour in the charge of overseers. Dr. Wilson had properties in various districts - Bungendore, Lake George, Braidwood and Windellama. Landholders were entitled to eight convict servants for the first 640 acres and one for each additional 160 acres. Skilled convicts such as carpenters and blacksmiths counted as three.

Few relics of the convict days of Windellama remain today. The "Bronte" school and church were both convict built. The years have taken their toll on the school, as only the stone walls remain as a reminder of the past. St. Marks Church is still in use today.

Still standing is the old "Flogging House" near Lake Bathurst. It is told that the convicts were housed there at night, and we can only guess at the cruel punishments meted out there for only trifling offences.

Richard Cornelius Cartwright was one of many people who received land grants in the district. Along with Richard's 720 acres, he applied in 1833 for an assignment of male convicts to assist him on his farm. James Lowrey and William Allingham were directed into his service as shepherds. They were two of the five convicts assigned to him.

Remains of Bronte School.

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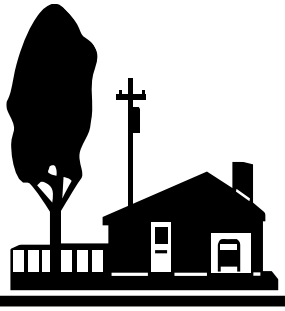

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6 Steps for Beating Depression

1. Omega-3 Fatty Acids

Clinical researchers have even started using omega-3 supplements to treat depression, and the results so far have been highly encouraging. For example, British researchers recently studied a group of depressed patients who had failed to recover after taking antidepressant medication for eight weeks. All study patients stayed on their meds as prescribed, but some also took an omega-3 supplement. About 70 percent of those who received the supplement went on to recover, compared with only 25 percent of patients who kept taking only the medication. This study–along with a handful of others like it–suggests that omega-3s may be among the most effective antidepressant substances ever discovered.

2. Engaged Activity

The biggest risk factor for rumination is simply spending time alone, something Americans/ Australians now do all the time. When you're interacting with another person, your mind just doesn't have a chance to dwell on repetitive negative thoughts. But, really, any sort of engaged activity can work to interrupt rumination. It can even be something simple.

3. Physical Exercise

Researchers have compared aerobic exercise and Zoloft head to head in the treatment of depression. Even at a low "dose" of exercise–thirty minutes of brisk walking three times a week–patients who worked out did just as well as those who took the medication. Strikingly, though, the patients on Zoloft were about three times more likely than exercisers to become depressed again over a ten-month follow-up period.

There are now over a hundred published studies documenting the antidepressant effects of exercise. Activities as varied as walking, biking, jogging, and weight lifting have all been found to be effective. It's also becoming clear just how they work. Exercise changes the brain. It increases the activity level of important brain chemicals such as dopamine and serotonin (the same neurochemical targeted by popular drugs like Zoloft, Prozac, and Lexapro). Exercise also increases the brain's production of a key growth hormone called BDNF. Because levels of this hormone plummet in depression, some parts of the brain start to shrink over time, and learning and memory are impaired. But exercise reverses this trend, protecting the brain in a way nothing else can.

4. Sunlight Exposure

A deeper link exists between light exposure and depression–one involving the body's internal clock. The brain gauges the amount of light you get each day, and it uses that information to reset your body clock. Without light exposure, the body clock eventually gets out of sync, and when that happens, it throws off important circadian rhythms that regulate energy, sleep, appetite, and hormone levels. The disruption of these important biological rhythms can, in turn, trigger clinical depression.

Because natural sunlight is so much brighter than indoor lighting–over a hundred times brighter, on average–a half hour of sunlight is enough to reset your body clock. Even the natural light of a gray, cloudy day is several times brighter than the inside of most people's houses, and a few hours of exposure provide just enough light to keep circadian rhythms well regulated.

5. Social Support

The research on this issue is clear: When it comes to depression, relationships matter. People who lack a supportive social network face an increased risk of becoming depressed, and of remaining depressed once an episode strikes. Fortunately, we can do a great deal to improve the quality and depth of our connections with other and this can have a huge payoff in terms of fighting depression and reducing the risk of recurrence.

6. Sleep

When sleep deprivation continues for days or weeks at a time, it can interfere with our ability to think clearly. It can even bring about serious health consequences. Disrupted sleep is one of the most potent triggers of depression, and there's evidence that most episodes of mood disorder are preceded by at least several weeks of subpar slumber.

Adapted: "The Depression Cure: The 6-Step Program to Beat Depression without Drugs," author Stephen Ilardi
Prepared by: **www.virtualrealitycounselling.com**

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In Your February Garden

From Irene Turner

With all the hot spell of weather, I hope you all have kept your garden well watered.

Mulching helps to keep in the moisture and watering in the cool of the night or morning.

This is the time to start planning your winter vegetables.

VEGETABLES

Start planting cabbages, cauliflowers, broccoli and brussel sprouts. This get them established before the cold weather. Have the soil raked over with plenty of compost and well rotted animal manure, also a light dressing dressing of lime before planting. Side dressing of nitrogen fertilizer at regular intervals, applied in the cool of the day will assist the plants in growing more quickly.

Carrots, parsnips, celery, kohlrabi, lettuce.parsley, radish and turnips can also go in now.

FLOWERS

Plant seedling of pansies, viola, stocks, poppies and alyssums, in a nice warm spot to get them growing for winter flowers.

Other flowers to plant are calendula, carnations, polyanthus, larkspur,linaria, snapdragons, static and verbena.

Snapdragons in my garden have been flowering through summer to summer, I have just cut them back, and now they are flowering again in a large pot.

You can choose your spring bulbs from garden centre or mail order now, I would wait until the weather cools down before planting them, it would help if we had a good down pour. Tulips are the only bulbs you need to chill, in a vegetable crisper in your fridge for 1 month before planting, Prepare your soil with compost and animal manure before planting.

Bluebells, daffodils, grape hyacinths, jonquil, snow drops and ixia-are some bulbs I have had success with.

Watch Fruit trees for fruit fly this month. You can spray using Rogor or Lebaycide.

I am trying Cera Trap- Organic Fruit Fly Trap, it suppose to attaract both female and male fruit fly and they drown in the liquid.

Prune roses to reduce the height of the new wood and old roses, and you will get new crop of roses in autumn. Feed them with a light dressing pf complete rose fertilizer.

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Church Info

Catholic Church Services

Parish Priest: Fr. Dermot McDermott
Assistant: Fr. Michael Lim

Presbytery & Parish Office
Phone 4821 1022

****

Sunday Mass will be at 8am on the 2nd & 4th Sunday at St. Patrick's **Marulan**.

Mass Times in **Goulburn** are:
Saturday Vigil Mass:
6pm (DST) at St. Peter & St. Paul's
Sunday: 7am. at Our Lady of Fatima, Nth. Goulburn
Sunday: 10am. at St. Peter & St. Paul's

St. Joseph's Church, Tarago
3rd Sunday of the Month
Enquiries: 4821 1022

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Contributions wanted

If you have something you wish to share with the community which is general in nature, let us know at:

newswindellama@gmail.com
Or just telephone the editors

Our Email Address

newswindellama@gmail.com

Our Postal Address

PO Box 705, Goulburn. 2580

St. Bartholomew's Anglican Church

CHURCH SERVICES

February

St. Mark's – Bronte
Sunday 10th -11.30am
St. Bartholomew's – Windellama
Sunday 24th - 11 30am

March

St. Mark's - Bronte
Sunday 10th – 11.30am
St. Bartholomew's – Windellama
Sunday 24th - 11 30am

The Reverend Vanessa Bennett can be contacted on landline 4821 3631 or mobile 0417 699 700 or by email on wgbnanglican@bigpond.com

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St. Andrews (Anglican) - Tarago
2nd Sunday 9am

St. John's - Lake Bathurst
4th Sunday 9am

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Full page advertisement	$50.00	$500.00
Double page discount	$90.00	

Inserts - $40.00 for 400 inserts into hard copies
Typesetting of adverts: $50

PAYMENT:
Cheques: payable to *Windellama News*
PO Box 705, Goulburn. 2580
Direct Deposit or EFT: IMB Ltd; BSB 641.800; A/c 200045794 with Name & advert as detail

**** Unpaid adverts will be cancelled after one month***
**** All advertising copy must be accompanied with payment***

All advertising enquiries to Denise Johnson

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***HALL**	**ALL DAY**	$200
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To Book please ring W. P. A. Secretary, Frances Knights on 4844 5157

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Card required for household waste, or fees apply.

Free recycling of the following: Plastics, tins, oil, batteries, glass, paper and cardboard.

Free recycling also of Drum Muster Chemical Drums providing they are empty, triple washed and have the lids removed

Tipping Fees for Tarago

Sorted Waste - Domestic Residents only	
Car, station wagon, small ute or small trailer	$ 15.00
Medium trailer, large ute or 1-tonne truck load	$ 20.00
Large trailer load	$ 31.00
Unsorted Waste and Non-Residents Waste	
Garbage & trade waste (uncompacted, per cubic metre)	$ 75.00
Garbage and trade waste (compacted, per cubic metre)	$ 128.00
Other unsorted waste—	2 x sorted rate per category
Hard fill demolition waste not accepted at Tarago	

Animals — *Note: Animal carcasses cannot be dumped at Tarago as there are no facilities for burial please refer to Goulburn Mulwaree Council for details on availability in this area.*

Car Bodies	$ 54.00
Tyres — Car Tyres (each) - per tyre	$ 10.00
Motorcycle tyres (each)	$ 8.00
Truck tyres (each) - per tyre	$ 25.00
Tractor tyres (each) - per tyre	$ 90.00

Community Information

Windellama Progress Association

Cathy Meehan (President)	4844 5554
Frances Knights (Secretary)	4844 5157

Windellama Rural Fire Brigade

Rex Hockey (Captain)	4844 5147
Graham Kinder (President)	4844 5330
Ellen Sylvester (Secretary)	4844 5407

Windellama Field Day Committee

Cathy Meehan (Secretary)	4844 5554
Frances Knights (Treasurer)	4844 5157

Windellama News

Denise Johnson (Editor)	4844 5087
Gayle Stanton (Editor)	4844 5156

Windellama Garden Cub Inc.

Pam Williams (Secretary/Treasurer)	4844 5194

Windellama Hall Country Markets

Bob Shaw	4844 5001

Windellama Historical Society

Rex Hockey (President)	4844 5147
Julian Woods (Secretary)	4844 5270

Windellama Landcare

Warren Yates (President)	4844 5350
Sandra Greville (Secretary)	4844 5047

Windellama CFR

Kevin Muffet	4844 7143
Pat Freebairn	4844 5219

Windellama School P&C

Terry Hannan (President)	4844 5337
Heather Caulfield (Secretary)	4844 5120

Willow Glen Gardeners

Warren Yates	4844 5350

Wires (wildlife rescue)

Marian Pearce	4844 5244
Southern Tablelands WIRES	4822 3888

Tarago Pony Club 4844 7014

Community Health - Goulburn 4827 3913

Community Transport 4823 4499

Justice of the Peace

Linda Shannon	0429 980 141
Geoff Burns	4849 4330

FOR ALL EMERGENCIES
eg. FIRES / ACCIDENTS

PHONE 000

For Mobile users & Landlines

Important Phone Numbers

Rural Fire Brigades

Windellama	Rex Hockey	4844 5147
Tarago	Ken Vassel	4849 4652
Taylors Creek	Dave Elward	4849 4240
Mt Fairy/Boro	Mike Welford	4849 4623
Bungonia	Ian Tapper	4844 4460
Gundary	Jason Gray	4822 2903
Nerriga	John Rolfe	4845 9160
Bushfire Information		1800 059 333

www.windellamarfs.com.au or www.rfs.nsw.gov.au

WINDELLAMA PH: 4844 5359 or

CHANNEL 21/209 Base

AMBULANCE

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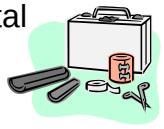
Ambulance Booking	13 12 33
Goulburn Ambo Station	4827 0444

Windellama CFR First Aid

Ambulance on triple zero	
Kevin Muffet	4844 7143
SES	13 25 00
Poison Info. Service	13 11 26
Goulburn Base Hospital	4827 3111



Police

Tarago Station -	
Snr. Constable Brad Carey	4849 4411
Goulburn	4824 0799

Other

Goulburn Railway Station	4828 5816
Train info & bookings	13 22 32
www.countrylink.info	
Country Energy - interruptions	13 20 80
Lifeline	13 11 14
Kids Helpline	1800 551 800

FEBRUARY 2013

MON	TUE	WED	THU	FRI	SAT	SUN
		School Resumes Term 1		1	2	3
4 P&C Meeting	5 Willow Glen Gardeners	6	7 School Playgroup	8	9	10 St. Mark's
11	12	13 Nerriga Gardeners	14 School Playgroup	15	16	17 Windellama Hall Country Markets
18 Progress Meeting	19	20	21 School Playgroup	22	23	24 St. Bart's
25	26	27	28 School Playgroup			

For details of times and places - see articles inside this issue
Emergency phone numbers are on the back of this page.